

County of Moore
Department of Health
705 Pinehurst Avenue • P.O. Box 279
Carthage, North Carolina 28327

Robert R. Wittmann, M.P.H.
Director

Telephone: 910-947-3300
Medical Records Fax: 910-947-1663
Administration Fax: 910-947-5837

FOR IMMEDIATE RELEASE

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Contact: Robert Wittmann, Health Director
Moore County Health Department
(910) 947-4500

Moore County Health Department Emphasizes the Importance of Screening and Prevention During Cervical Health Awareness Month

Each year more than 12,000 American women are diagnosed with cervical cancer and over 4,000 of those women die from the condition. Almost all cervical cancer deaths could be prevented by a combination of routine pap tests and appropriate follow-up of abnormal screening results.

January is Cervical Health Awareness Month, dedicated to encouraging women to take action and protect themselves in the New Year. The start of a new year is the time that many reflect on their health. To start the year right, women are encouraged to contact their health care provider to schedule a pap test to check for cervical cancer. This screening is an important part of a woman's health care routine, yet one that many overlook. It is important to remember that cervical cancer is a preventable disease.

Ways to Prevent Cervical Cancer:

- Talk to your health care provider about screening for human papillomavirus (HPV) and other sexually transmitted infections.
- Get regular pap tests.
- If you smoke, contact QuitlineNC (1-800-784-8669) for resources to help you quit.

If you are a woman that is over age 21 and has never received a pap test, talk to your health care provider about scheduling one today. Many local health departments offer free preventative screening pap tests and cervical health education to eligible women through the NC Breast and

["To Protect and Promote Health through Prevention and Control of Disease and Injury."](http://www.moorecountync.gov/health/)
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Environmental Health
Telephone: 910-947-6283
Fax: 910-947-5127

Animal Center
Telephone: 910-947-2858
Fax: 910-947-5952

WIC
Telephone: 910-947-2797
Appointments: 910-947-3271
Fax: 910-947-2460

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Cervical Cancer Control Program (BCCCP). To learn more about the NC BCCCP here in Moore County, contact Karen Monroe RN BSN, BCCCP Coordinator at Moore County Health Department 910-947-4523 or visit www.ccreourcedirectory.org for a list of resources in your area.

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